Summer sport choices 2015
(Term 1 and 4 only)

This booklet contains a brief description of all of the ‘summer’ sports that are being offered for Terms 1 and 4 in 2015. Some sports come at a cost (Venue & Transport). Sports that have a transport cost must pay upfront for selection. There will be no changes made to sports in 2015 unless the student has completed a ‘Change of sport’ form which has to be filled out and signed by parents/caregivers and accompanied by a medical certificate. Please note that space in the chosen sport must also be available for the requested change to occur.

Students will be choosing the following school based sports online during weeks 9 and 10 Term 4, 2014. These sports have no transport cost. A password card will be given to the students so that they can select their 2015 sport.

School based/Local area sports

Online selection

No cost

- **Sports leadership** - Students who keen to coach and assist in the development of skills and participation. E.g. Coach grade sport teams, help teachers on house sports, assist students in developing their skills and confidence.
- **Court sport** - The sports that will be played are basketball, netball and european hand ball in the Cola area.
- **Over the net** – The sports played are badminton, table tennis and volleyball in the school hall.
- **Football fans** – All football codes will be covered e.g. soccer, touch football, oz tag and AFL
- **Power walking**- Students will stomp the streets of Dulwich each week keeping track of their distance and improving their fitness levels.
- **Handball in the quad**- Handball has become the sport of choice at Dulwich. With many courts marked out in the quad the students have an opportunity to improve on their skills whilst staying active.
- **Theatre sports**- This sport is linked to Drama and performance.
- **Dance**- This will be a dance ensemble group and may have various opportunities which include assemblies.
- **Gross motor skills**- This sport will focus on development of the basic gross motor skills. This will be aimed at the Support students and students that feel they need assistance in improving their skills across a wide variety of sports.

Venue cost each week $5 (No travel cost)

- **Gym and fitness**- This group focuses on improving their overall fitness and strength. The ‘Fitness Local’ gym also provides assistance in writing fitness programs and provides feedback on the students’ progress.
- **Girl’s fitness**- Similar to ‘gym and fitness’ this sports group will be walking to ‘Betty Concina Fitness centre’ each week where they will be led in fitness group sessions, such as Zumba, by a trainer each week. This sport is offered to females only.
- **Tennis**- This group walks down to the Marrickville Lawn Tennis Club and participates in round robin style tennis matches playing other students of similar ability.
Competitive and Recreational Sports

Travel and Venue costs

Selection by payment

The following sports ALL have a travel cost to and from the venues and will NOT be selected online. These sports can only be selected if the cost of travel is paid for upfront. From Wednesday 3rd December (Week 9) till Friday 30th January week 1 Term 1, 2015 payments can be made at the finance office. These sports are based on a ‘first to pay, first in’ bases. Numbers are limited so to avoid missing out payments must be made promptly.

Sports with travel costs

- **Grade sport *(cost $120 for travel)* - This selection is for year 7 and 8 only. A variety of sports are offered in which the students will be part of a team and will travel to different venues and participate in a competition based activity. Summer sports are:

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<thead>
<tr>
<th>Boys</th>
<th>Girls</th>
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<tbody>
<tr>
<td>Oz tag</td>
<td>Oz tag</td>
</tr>
<tr>
<td>European Handball</td>
<td>Volleyball</td>
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<tr>
<td>Cricket **</td>
<td>Basketball</td>
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*NOTE:* There will be no refunds made for sport cancellations due to weather throughout the year

**NOTE:** If a grade sport team does not run due to low numbers payment must still be made. Student will be placed into another grade sport team.

Sports with travel and venue cost

- **Squad swimming ( $180 for travel and lane hire)** - This sport is for strong swimmers only and is part of the sports excellence program. Each week they will be looking to improve on their swimming ability and fitness levels. These students must be able to confidently swim 100m freestyle . They will focus on stroke technique, fitness and squad training. As a guide the students will cover approx. 20 laps per session. Cost for entry to the pool is $4.50 each week which will be taken at the venue.

- **Rock climbing ( $130 travel cost)** - These students have an opportunity to use the ‘Sydney Rock climbing centre’ in Tempe to improve on or learn how to rock climb. It is one of the biggest indoor rock climbing facilities in NSW. Cost of entry per week of $8 which will be paid at the venue.

- **Ice skating ( $130 travel cost)** - This is a very popular sport. Students have the chance to go along to ‘Canterbury ice skating centre’ and learn how to skate or just cruise around the ring and improve their skating ability. Cost of entry per week is $8 which will be paid at the venue.

Winter sport (Terms 2 and 3) selection will be **Week 6 Term 1 2015**. Please be mindful of this as students will be going through the same process of selection.

If you have any questions about Tuesday sport selection please contact Mrs Daniel in the PDHPE department 95607299.

Mrs J. Daniel               Mr C Hoycard
Sports coordinator          Head teacher sport